

# Practicing is a !

## WARM UP

Long tones, lip slurs (brass), 1-2 songs from your yellow sheet.

## SET A GOAL

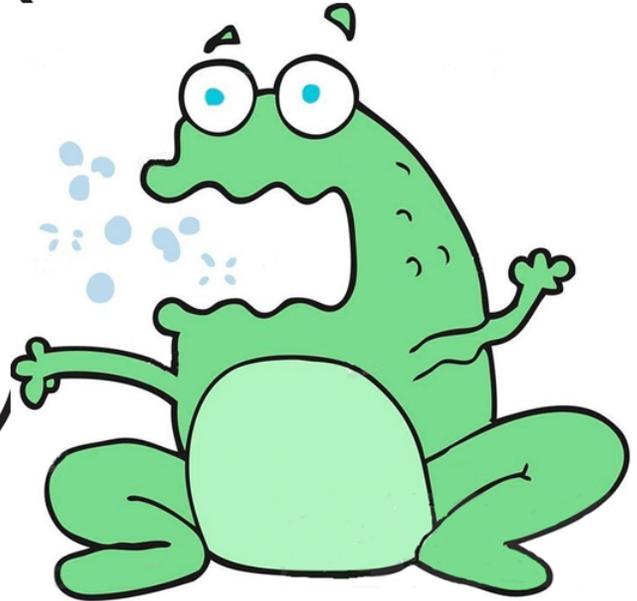
Choose a part of music that you aren't so good at playing.

For each section...

# **B**

Break your goal into small sections.

(1-2 measures at a time.)



# **U**

Understand what you have trouble with.

(The counting, the note names, the fingerings, the dynamics, the tempo, etc.)

# **R**

Review.

(Write the Counting.  
Say the letter names.  
Check your fingering chart)

# **P**

Practice!

Start slowly.  
See the back of the page for different ways to practice.

After practicing,  
play something  
**FUN!**  
(You've earned it!)

# PRACTICE POOL



## Work It Out

Set your metronome and...

1. Count out loud and clap
2. Count in your head and say the rhythm on "too"
3. Count in your head and say the letters out loud (in rhythm)
4. Count in your head, say the letters out loud (in rhythm), and do the fingers
5. Count in your head, say the rhythm on "too", and do the fingers
6. Play it slowly



## Over and Over Again

Play your trouble spot 3 times in a row with NO MISTAKES! If you make a mistake, fix it and then try it another 3 times.



## Box It

Draw a box around a small spot. When you work that spot up and get it perfect, make a new box!



## Slow and Steady

Play your trouble spot slowly with a metronome. Make sure EVERY detail is accurate! Then speed up your metronome 5 numbers and try again. Continue until you are up to full speed!



## Step-by-Step

Play the first 2 notes of the hard spot. Play those over and over until they are easy, then add 1 more note and do it over and over. Then another, and another until you've got it!



## Use Your Pencil!

- Keep missing that one note? Circle it!
- Forgot about the extra sharp or flat? Write it at the top of the page!
- Can't count the rhythm to save your life? Write the beats!

Just don't write the letter names!!



## What Should My Practice Time Look Like?

(If you have 20 minutes to practice, here's a guide!)

Long Tones (2-3 minutes)

- Set a metronome to 80 BPM.
- Play each note you know 4 beats on, 4 beats off.
- Repeat each note at least 6 times.

Warm Ups (2 –3 minutes)

- Choose a song or 2 from your yellow sheet

Note Trainer/ Rhythm Trainer (2 minutes)

- See the Band website

Lesson Homework or Concert Music (8-10 minutes)

- Use the Practice Pool to help you out!

Something FUN!!

- We call it PLAYING music for a reason!