

Weekly Practice Sticker Chart
After 8 stickers, you can collect a prize!



Today's Date	What should I be practicing on?	Completed?

Practice Tips:

Always warm up before you begin -- Refer to your "Practice is a Gas" -- It's okay to take breaks, or to break apart your practice time (10/10, 10/5/5...) – **Practice slowly and purposely** – Ask for an audience! (trust me – they'll be impressed) – Getting bored? Try a different technique like clapping, humming, or listening to your exercise – **Don't give up, you got this!!**

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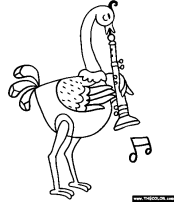


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